

## Fitting Instructions



- Cup the respirator in your hand with the fingertips at the nose piece. Allow the head bands to hang freely below your hand (see fig. 1 on box).



- Position the respirator under your chin with the nose clip up (see fig. 2 on box).



- Position the lower head strap around the neck, and the upper head strap around the back of the head, above the ears (see fig. 3 on box)



- Using both hands, adjust the nose clip to the shape of the bridge of the nose (see fig. 4 on box).
- Check position and seal: Hold both hands around the mask and exhale sharply. If any air flows around the nose, re-adjust the nose clip. If air leaks are noted at the respirator edges, reposition the head straps to achieve a better seal. If you cannot achieve a proper fit do not enter the contaminated area.